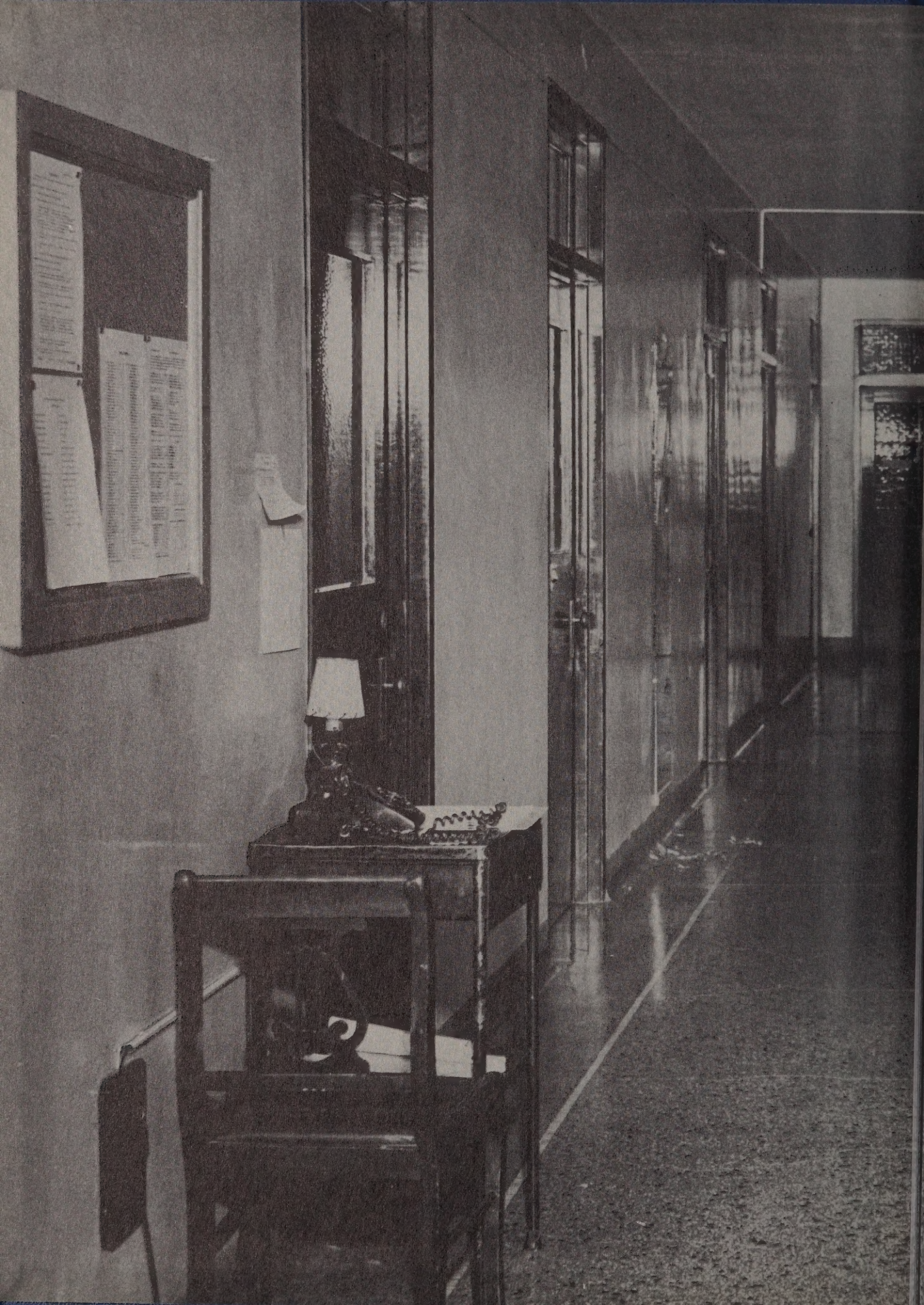




**sola fide**

**sixty-one**

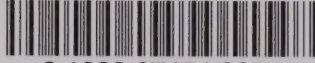






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1961

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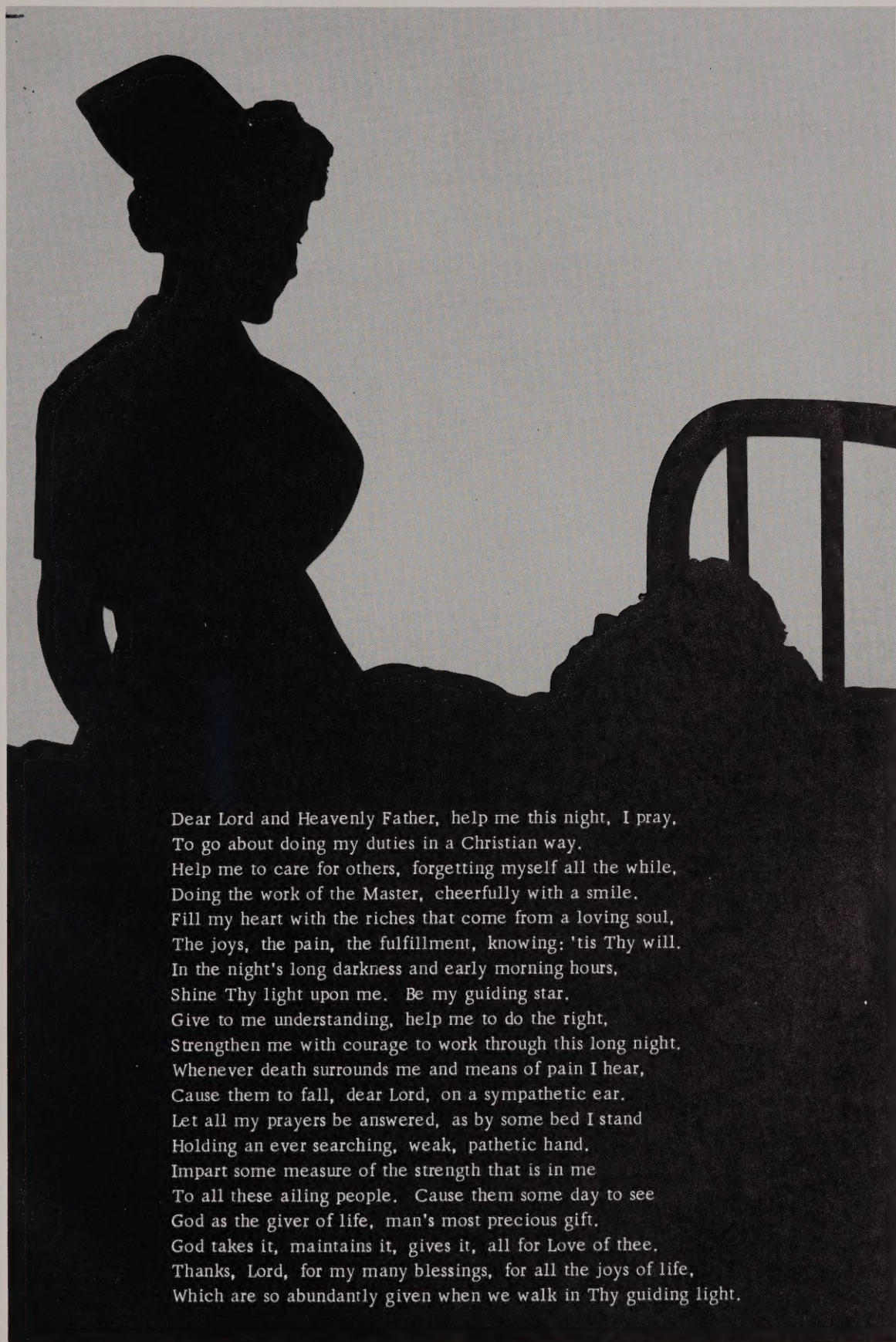


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Dear Lord and Heavenly Father, help me this night, I pray,  
To go about doing my duties in a Christian way.  
Help me to care for others, forgetting myself all the while,  
Doing the work of the Master, cheerfully with a smile.  
Fill my heart with the riches that come from a loving soul,  
The joys, the pain, the fulfillment, knowing: 'tis Thy will.  
In the night's long darkness and early morning hours,  
Shine Thy light upon me. Be my guiding star.  
Give to me understanding, help me to do the right,  
Strengthen me with courage to work through this long night.  
Whenever death surrounds me and means of pain I hear,  
Cause them to fall, dear Lord, on a sympathetic ear.  
Let all my prayers be answered, as by some bed I stand  
Holding an ever searching, weak, pathetic hand.  
Impart some measure of the strength that is in me  
To all these ailing people. Cause them some day to see  
God as the giver of life, man's most precious gift.  
God takes it, maintains it, gives it, all for Love of thee.  
Thanks, Lord, for my many blessings, for all the joys of life,  
Which are so abundantly given when we walk in Thy guiding light.



We, the class of 1961, dedicate our "Sola Fide"  
to the memory of our classmate

JEAN MARIE FITZ

After a brief illness, Jean succumbed to poliomyelitis on July 3, 1959. Jean will always have a special place in each of our hearts.



Sometimes we can't quite understand Our Great Creator's way,  
When He takes a life so young and leaves one withered, old, and gray.  
Whose life work seems finished, perhaps is waiting for the call  
While that life so young and tender held so much here for us all.

Then sometime I get to thinking perhaps this world down here below,  
Is just a flower garden where God's flowers live and grow.  
And perhaps when God is lonely, like us, He loves to roam  
In His garden, gathering flowers just to beautify His home.

Tho' He takes the full-bloom flowers, drooped and withered that need His care,  
Still He needs a bud or blossom to scatter, with them, here and there.  
So He takes a few choice blossoms, just the rarest He can find,  
God needs them up in Heaven, while others are left behind.

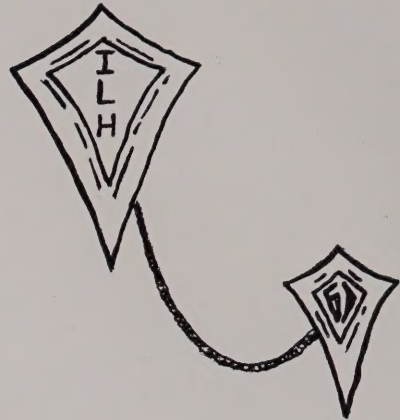


**seniors**





President: KAREN WALDSTEIN  
Vice President: CAROL GRACE  
Secretary: JO McINTOSH  
Treasurer: LuANNE KNUTSON



Class Advisor  
MISS JEGTEVIG

FLOWER: Lavender Rose  
COLORS: Lavender and White  
SONG: I'll Walk With God  
MOTTO: "For it is in giving  
that we receive."







MARILYN ADKINS  
Mason City, Iowa



BERNEIL ANTONE  
Manning, Iowa

C. JEAN BULLARD  
Des Moines, Iowa

KAREN CAMERON  
Ames, Iowa



JUDY CARSTENS  
Manilla, Iowa

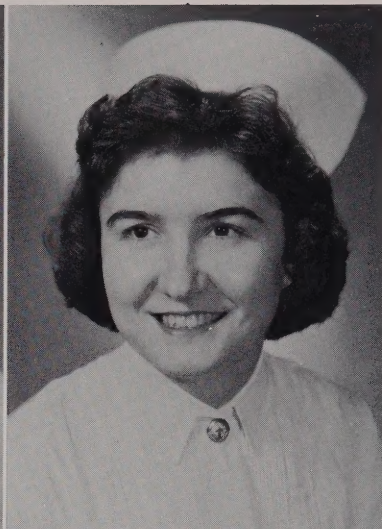


SUZANNE CASKEY  
Des Moines, Iowa



BEVERLY CHRISTENSEN  
Coon Rapids, Iowa

MARGARET COOPER  
Colfax, Iowa



MARGARET ANN COVEY  
Jefferson, Iowa

MARLEEN DRAIN  
Burlington, Iowa

JUDY ELLERMAN  
Webster City, Iowa

AUDREY GEYER  
Odebolt, Iowa







CAROL GRACE  
Des Moines, Iowa



KATHRYN HABERER  
Waterloo, Iowa

KAREN HELLE  
Humbolt, Iowa

BEVERLY JOHNSON  
Kiron, Iowa



LUANNE KNUTSON  
Jewell, Iowa

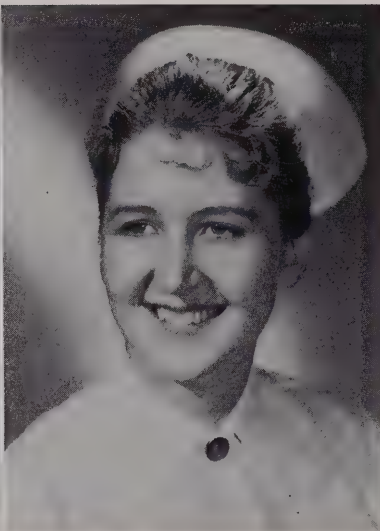


AVA LEE  
Ames, Iowa



ELAINE LUNDQUIST  
Stratford, Iowa

JO McINTOSH  
Madrid, Iowa



DEANNEA MELINE  
Des Moines, Iowa

MARY LOU MEYER  
Iowa Falls, Iowa

DONNA PADELLFORD  
State Center, Iowa

AUDREY PAGEL  
Webster City, Iowa







NANCY PAULSON  
Grimes, Iowa



JUDITH J. PEDERSON  
Ringsted, Iowa

DONNA PETERSON  
Aurelia, Iowa

SANDRA PHILLIPS  
Solon, Iowa



CONNIE POLICH  
Johnston, Iowa



JANET RASMUSSON  
Nevada, Iowa



SANDRA REYNOLDS  
Des Moines, Iowa

KAY ROBSON  
Guthrie Center, Iowa



CAROL SEGEBART  
Manilla, Iowa

DIANE STORBY  
Ames, Iowa

TWYLA SUNDERMAN  
Clarinda, Iowa

MARLYS SWANSON  
Gowrie, Iowa







LYNN TVEDT  
Massena, Iowa



KAREN WALDSTEIN  
Marathon, Iowa

SENA WHITMAN  
Clarion, Iowa

ELAINE WILLIAMS  
Des Moines, Iowa





# ***remember when . . .***

We could only go home once a month?  
Our clothes weren't too tight?  
We all agreed on something . . . Graduation uniforms!!!  
We liked the food?  
We were young and innocent?  
Toni's patient thought the hopper was a bathtub?  
Dr. Hughes and Jack Marsh looked alike . . . eh, Tweetie?  
Only ONE girl was engaged and we were excited?  
Mary Lou asked Dr. Hoffman if the needle was "too rusty?"  
Jody got locked in the janitor's closet with a bath basin?  
George avenged all students?  
We had green pea soup after cat lab?  
Bev Johnson handed Dr. Ely, Dr. Drew's charts . . . ouch!!!  
We hitch-hiked from G. V.?  
Jean B. lubricated the HANDLES of the baby forceps?  
Dee went to Hawaii?  
We barbecued 35 chickens?  
Jody gave shots detoured through her finger?  
We could only have three electrical appliances in our rooms?  
Twyla was "Miss SNAI?"  
We gave Mrs. Hough a surprise anniversary party?  
We fought for capping?  
Marilyn became a citizen?  
Juhl said she'd never get married? (United in matrimony, Dec. 3, 1960.)  
It took at least a half hour to pin into our uniforms?  
We had 56 classmates?  
It took an hour to clean a unit?  
Kitty was going to join the WAVES and let the world see her?  
Sena's hair was many colors?  
Judy C. and Jo practiced climbing the windows and got caught?  
Everyone lived in closets after 10:30?  
Dr. Shinkle asked us the difference between a man and a woman and we didn't know?  
We took and retok and retok and retok the Pharmacology tests?  
We weren't allowed to ride the elevator?  
We cleaned our rooms for the accreditors?  
We had a snow ball fight with the interns?  
Nobody had contacts?  
Red ants weren't?  
Dr. Allion taught Dr. Rahman how to drive?  
We got to move to 5th floor?  
Marvin, the Dragon, was created?  
Elvis invaded our Halloween party?



We had "cultural" efforts?  
We learned how to file at the Health Center?  
A Pepsi was a nickel?  
Six Seniors were ready to deliver at once in O.B. ?  
Nancy P. used a string to get in at night?  
We went to departments?  
Tweetie fainted while taking a rectal temp?  
We were finally reunited as a class?  
We were accused of having "Senioritis?"  
We had coffee pots and then we didn't?  
Judy C. was a true Goldilocks with a broken rocking chair? (Diet, anyone)  
We played the ouija board and predicted our futures?  
We worked 2 hours a week?  
George "fell" for Dr. Dubansky?  
Karen C. displayed "vulgar affection?"  
Elaine L. was the "quiet one" - but now!!!!!!  
August 9th, 1961, arrived!!!!!!!!!!!!!!  
Sandy P. received "accented" telephone calls?  
We became 21, one by one?

## **what if . . .**

Nancy P. didn't get at least one phone call every day?  
Pepsi hadn't been invented for Sandra R. ?  
The "Bobsey Twins" were separated?  
Our Mixers were a success?  
Care studies and IPR's were abolished?  
We went to bed early?  
We didn't know how to play bridge?  
Everyone washed their dishes after using the kitchen?  
Jo, Marlys, and Karen W. didn't blush?  
We took our pop bottles back immediately?  
Avie hadn't heard of "Light and Bright?"  
Pete didn't know how to sing?  
We knew anything other than nursing?  
WE COULDN'T COMPLAIN???  
Kay's hair was black and Coop's was red?  
Vera, Elaine, Margaret, Audrey, and Judy had decided to remain single?  
Bride magazines hadn't been invented for Marleen, Audrey P., Diane S., Luanne, and Janet?  
Donna H. couldn't sew?  
Connie had "short legs?"  
The three girl harem hadn't had Shorty?

























706 Parnell Avenue  
Des Moines, Iowa

Dear Mom and Dad,

It's only a few days until graduation, and as I sit here at my desk writing what is probably one of my last letters as a student nurse, I look back over the long three years and realize how lucky I am to have you as my parents.

Remember how worried I was about receiving a "D" card, how scared I was to go on duty for the first time, what a thrill it was to receive my cap! Remember the amusing and the sad experiences I had while working on the floors, and how I looked forward to the year I spent in departments. Whenever I became discouraged and depressed, although you couldn't always understand why I felt this way, you accepted how I felt and gave me hope and encouragement.

You'll never know how much a letter from home or a precious weekend with the family meant to me. I find it very hard to say in words all that I feel. I will always be proud to be a nurse, but I am even more proud to be your daughter.

Love,  
Your daughter





**HOUSEMOTHERS:**

Mrs. Hough  
Mrs. Errett  
Mrs. Douglas



**MAIDS  
and**

**JANITOR:**  
Mrs. Christensen  
Mrs. Jollisse  
Pappy Engelbritsen

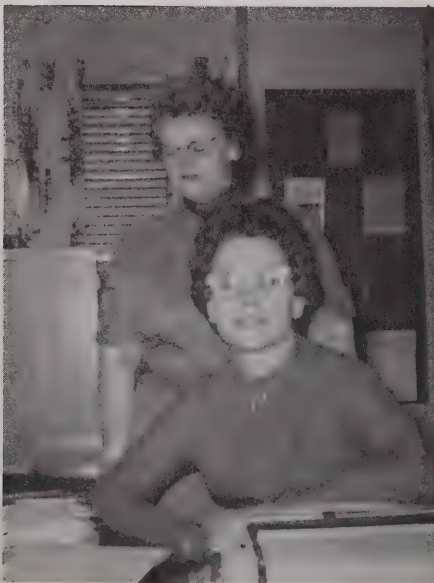
**LIBRARIAN:**  
Mrs. Verhoef



**CHAPLAIN:**  
Rev. Turnquist

**SECRETARIES:**  
Mrs. Price  
Mrs. McRea

**STUDENT HEALTH:**  
Dr. Reed  
Mrs. Wallace





# **underclassmen**





# *juniors*



FRONT ROW: L. Koester, J. Manners, A. Ernst, E. DeBoer, J. Lauck, J. Michealson. SECOND ROW: E. Morlan, C. Mc Donough, J. Taylor, J. Gee, L. Knutson, N. Schaffer. THIRD ROW: R. Holtorf, K. Henry, M. Peterson, J. Johnson, S. Thompson, M. Willows. FOURTH ROW: J. Petty, M. Schwan-kee, J. Braida, J. Steinsland, T. Lund, S. Brock, A. Vander Wal, S. Stevens, A. Sogard, L. Mohn, K. Maakested, J. Wassenarr. FIFTH ROW: B. Hard, R. Ralston, M. Swanson, D. Robinson, C. Swenson, S. Schrum, S. Cummings, M. Hanson, S. Amosson, E. Von Gorp.



"We're Juniors," is our happy cry  
 "Half way through," is our exuberant sigh  
 The look behind us at what we've done  
 Wondering if the battle will ever be won.

We remember the tests in Med-Surg Two  
 The late hours kept when care studies were due.  
 The fun we had at our parties and such  
 And look forward to Departments very much.

Yes, daytime, evenings, night duty, too  
 We experienced them all in uniforms blue  
 But as we fall into bed each night  
 We dream of the day we'll be working in white.





# freshmen



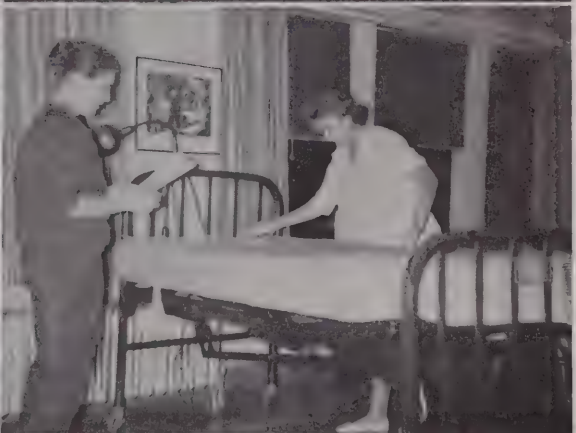
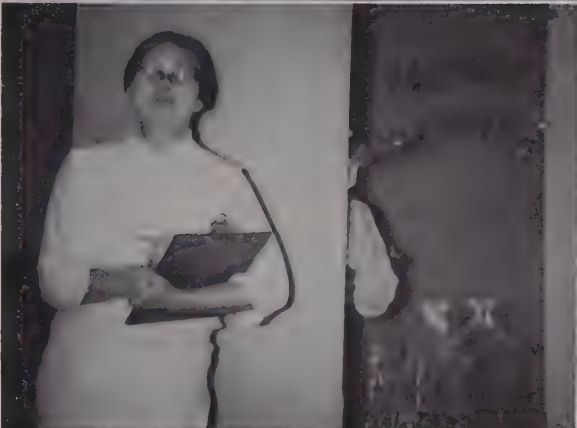
FIRST ROW: S. Elder, L. Dobson, M. Powell, D. Womacks, J. Harris, R. Wirtjes, C. Hostetter, J. Rhine, C. Harris, V. Daly, S. Stoneking. SECOND ROW: J. Schiedeman, V. Weiss, S. Covault, S. Johns, B. Young, C. Lundeen, R. Peterson, D. Kuhl, J. Hult, M. Lerdal, S. Chivers. THIRD ROW: K. Crovisier, C. Heath, S. Fible, L. Butske, J. Sime, F. Webb, J. Vandenberg, M. Alleman, M. Neubauer, B. Branning, A. Watson. FOURTH ROW: L. Goodlaxson, F. Dryfhout, J. Neary, D. Jones, P. Simmons, N. Murchison, C. Hamilton, J. Richmond, L. Miller, P. Carlson, K. Fechner, S. Mahlstedt.



We're Student nurses - we came in September,  
Now these are the days we too will remember.  
We P. C. 's from I. L. H. found at G. V. C. ...  
Psychology, anatomy, and then there was chemistry.

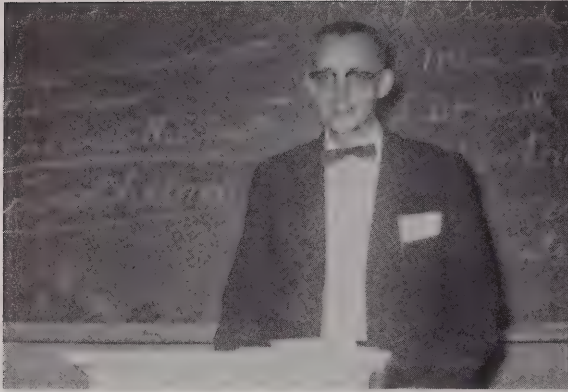
Second term we added micro and sociology,  
Finals? - About that I guess we all agree.  
Back at the dorm we heard "Here comes a cab!"  
And how anxiously we awaited our precious "cat lab."

Up early in the morning for fundamentals class;  
Then off to work and to study so we'd pass.  
Then comes the time we all appreciate -  
Study hours for P. C. 's; they last from 6 to 8.  
Now there's very little left for us to tell,  
Except that we enjoy it all, and we think everyone's been swell.





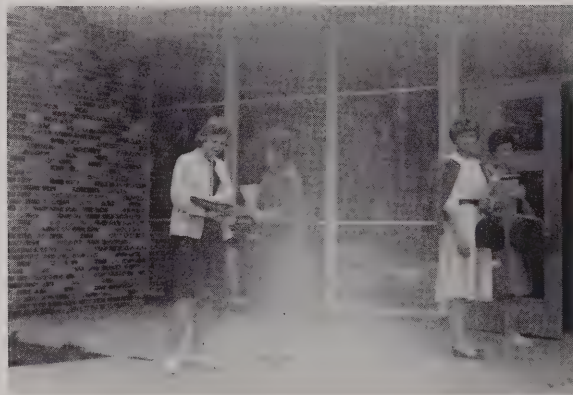
# *grandview*



MARVIN JESSEN  
Anatomy-Physiology, Microbiology



ROBERT BURHAM  
Chemistry



Science Building



WILBUR WILLIAMSON  
Sociology

Picture  
Not  
Available

EARL FITZ  
Psychology

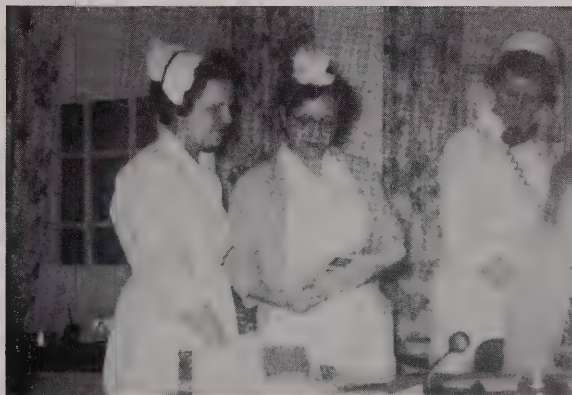
# knoxville



REV. SCHMIDT  
Chaplain



MRS. HEDRICK  
Housemother



MRS. HEIDTKE, MRS. HEINZELMAN, MISS BUHRMAN  
Instructors



Dormitory



Lounge

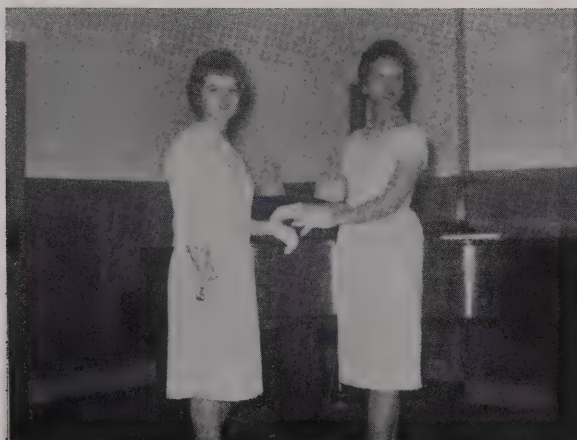


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at the Junior-Senior Banquet and Prom  
Friday, the fourteenth of April  
at seven o'clock  
Hotel Savery

R. S. V. P.



*The Class of 1961  
Iowa Lutheran Hospital School of Nursing  
cordially invites you to attend their  
Spring Semi-Formal Dance  
the twenty-fourth of June  
at nine o'clock in the evening  
Hyperion Country Club  
Des Moines, Iowa  
R.S.V.P.*



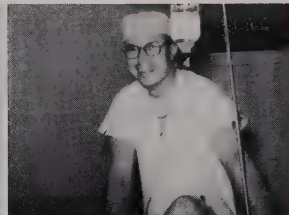


# activities



Executive Board

Picture  
Not  
Available



Advisory Board  
DR. FATLAND  
DR. HELSETH  
MRS. WALLACE  
MISS ALSPACH



FIRST ROW: M. Lerdall, D. Jones, K. Crovisier, J. Sime, V. Wiess, J. Hult, D. Kuhl, C. Lundeen. SECOND ROW: S. Covault, D. Wommanks, R. Wirtjes, D. Heath, S. Stoneking, J. Harris, M. Powell, S. Elder, S. Mahlstedt. THIRD ROW: C. Hamilton, J. Richman, N. Murichson, D. Simmons, F. Dryfhout, B. Branning, K. Fechner, M. Allemen, M. Newbauer, J. Neary, F. Webb, L. Miller, S. Johnson. FOURTH ROW: C. Harrison, J. Rhine, J. Vandenberg, A. Watson, P. Carlson, S. Chivers, J. Scheidiman, R. Peterson, L. Butzke, S. Filble, L. Goodlaxson, B. Young, V. Daly, C. Hostetter.

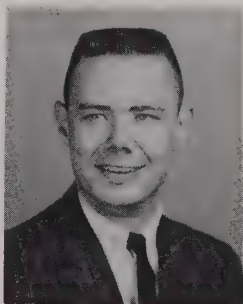
# sports



SWIMMING

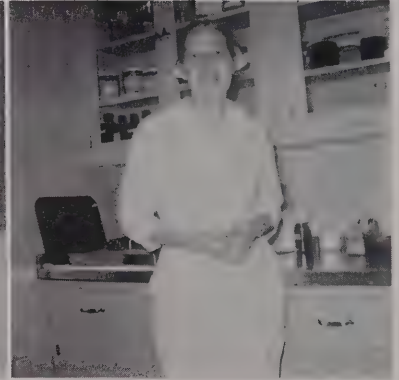
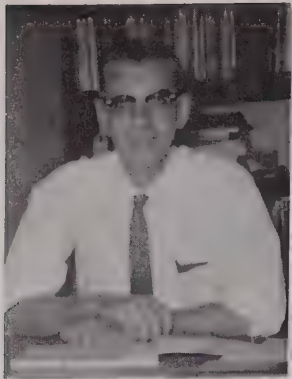


TENNIS



Coach: CLARK MILLER. FIRST ROW: A. Sogard, S. Amoson, S. Cummings, M. Swanson, J. Wassener, J. Michealson. SECOND ROW: E. Morlan, S. Covault, D. Jones, J. Richman, J. Neary, L. Butzke, L. Mohn, R. Peterson.







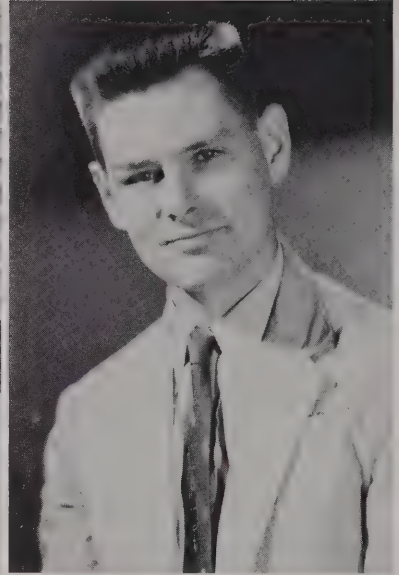
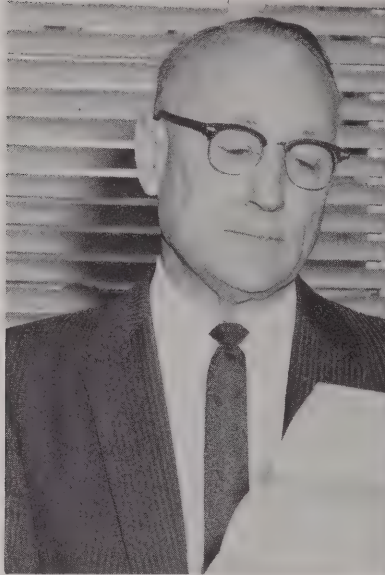
*i. l. h.*





# *administration*

F. A. HANSON  
Administrator



PETER HAVILAND  
Assistant Administrator



NELLIE OSTERLAND  
Director of Nursing

MYRL ALSPACH  
Educational Director

# faculty



## PreClinical Instructors

MISS TURNQUIST  
MRS. PIKE  
MRS. CARLSON

## Clinical Instructors

MRS. HETZEL  
MISS SNELL  
MISS BLAIR  
MISS JEGTEVIG

## Department Instructors

MISS CUETO  
MRS. FORNEY  
MRS. BUNTEN

## Evening Instructor

MRS. ALLEMAN





# department



Pediatrics



Obstetrics



Operating Room



Recovery Room



Night Nurses



MRS. PETERSON and MRS. LORENZ  
Evening and Night Supervisors

# personnel



2 East and West



3 East and West



4 West



6th Floor

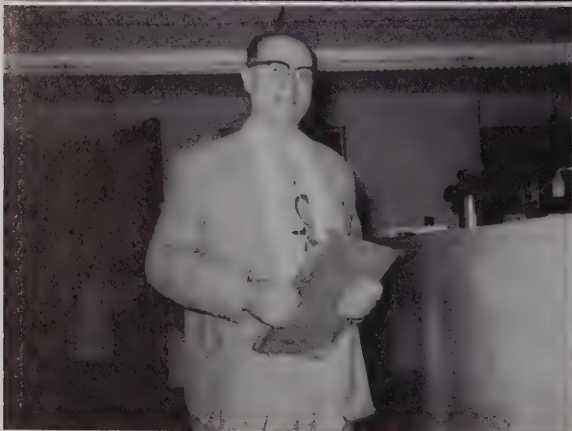
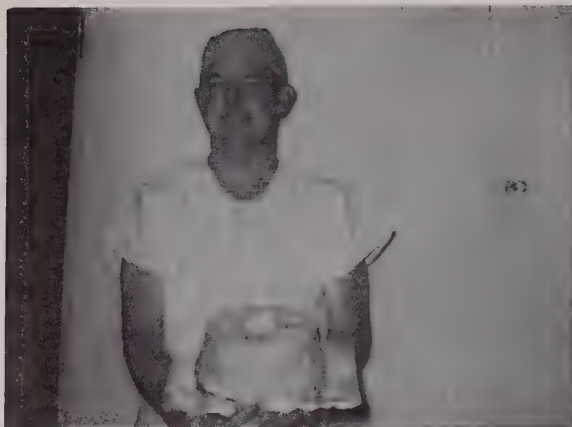


MRS. PICKENS  
Assistant Dir. of Nursing



MISS BINGAMEN and MRS. CARLSON  
Day Supervisors









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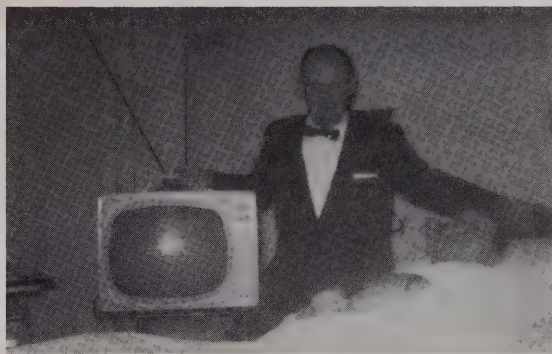
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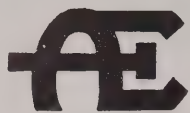
"For it is in  
giving that we  
receive"

Class of '61



the

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